

# Crusader Newsletter

December 2018

## A Word from the Guidance Department

As we begin to wrap up our first semester, let's take time to reflect on all the good things that have happened so far this school year. We have welcomed some very strong new faculty members who have made an incredible impact on our 7<sup>th</sup> and 8<sup>th</sup> grade program here at FACS. Mrs. Jenny Zatechka has taken our Life skills class and run with it starting great new programs such as "Find Your Kind" Project. Students have come up with incredible ideas on how to bless others around them with acts of service. Also, we have had two great team-building field trips to Pinnacle Mountain and the Grove from our M2H program. We've seen students grow in their walk with Christ as well, which is the most important thing of all.

Next Semester, we will continue, with God's help, to minister to your sons and daughters with the purpose of creating a Culture of Honor in mind. Thank you for all your support that you offer FACS. We sincerely appreciate all you do. I wish you all a Merry Christmas and a Happy New Year. God bless.

## Upcoming Events to Remember

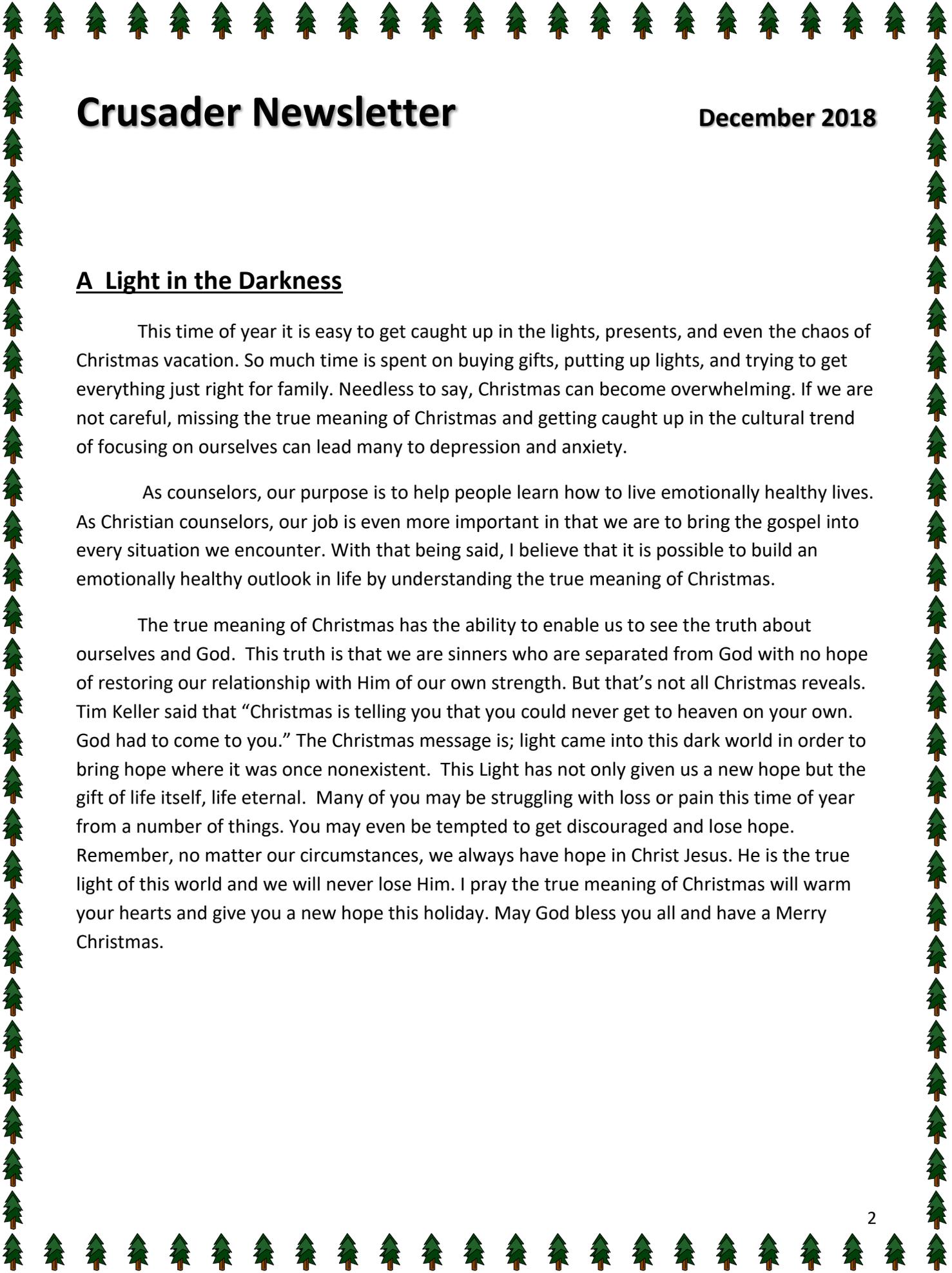
- 12/17/18: 7<sup>th</sup> Period exam. 3:00 dismissal.
- 12/18/18: 1<sup>st</sup> and 2<sup>nd</sup> period exams. 11:30 dismissal.
- 12/19/18: 3<sup>rd</sup> and 4<sup>th</sup> period exams. 11:30 dismissal.
- 12/20/18: 5<sup>th</sup> and 6<sup>th</sup> period exams. 11:30 dismissal.

## Christmas Special

<https://www.intouch.org/watch/christmas-a-time-to-celebrate>



*Merry Christmas*



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## A Light in the Darkness

This time of year it is easy to get caught up in the lights, presents, and even the chaos of Christmas vacation. So much time is spent on buying gifts, putting up lights, and trying to get everything just right for family. Needless to say, Christmas can become overwhelming. If we are not careful, missing the true meaning of Christmas and getting caught up in the cultural trend of focusing on ourselves can lead many to depression and anxiety.

As counselors, our purpose is to help people learn how to live emotionally healthy lives. As Christian counselors, our job is even more important in that we are to bring the gospel into every situation we encounter. With that being said, I believe that it is possible to build an emotionally healthy outlook in life by understanding the true meaning of Christmas.

The true meaning of Christmas has the ability to enable us to see the truth about ourselves and God. This truth is that we are sinners who are separated from God with no hope of restoring our relationship with Him of our own strength. But that's not all Christmas reveals. Tim Keller said that "Christmas is telling you that you could never get to heaven on your own. God had to come to you." The Christmas message is; light came into this dark world in order to bring hope where it was once nonexistent. This Light has not only given us a new hope but the gift of life itself, life eternal. Many of you may be struggling with loss or pain this time of year from a number of things. You may even be tempted to get discouraged and lose hope. Remember, no matter our circumstances, we always have hope in Christ Jesus. He is the true light of this world and we will never lose Him. I pray the true meaning of Christmas will warm your hearts and give you a new hope this holiday. May God bless you all and have a Merry Christmas.